



**The Parish of
Newport & Carisbrooke
with Gatcombe**



Holy Communion

The Gathering

The president may say

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All **Amen.**

The Greeting

The president greets the people

The Lord be with you
and also with you.

All

Words of welcome or introduction may be said.

Prayer of Preparation

All **Almighty God,**
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.

Prayers of Penitence

God so loved the world that he gave his only Son Jesus Christ

to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

All

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault.

We are truly sorry and repent of all our sins.

For the sake of your Son Jesus Christ,

who died for us, forgive us all that is past

and grant that we may serve you in newness of life

to the glory of your name.

Amen.

The president says

Almighty God, who forgives all who truly repent, have mercy upon *you*,

pardon and deliver *you* from all *your* sins,

confirm and strengthen *you* in all goodness,

and keep *you* in life eternal;

through Jesus Christ our Lord.

All

Amen.

Gloria in Excelsis

All **Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

The Collect

*The president introduces a period of silent prayer with the words
'Let us pray' or a more specific bidding*

Creator God,
you made us all in your image:
may we discern you in all that we see,
and serve you in all that we do;
through Jesus Christ our Lord.

First Reading

Ephesians 1.3–14

A reading from the letter of Paul to the Ephesians.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love.

He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us.

With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in Christ, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory.

In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

At the end the reader may say

This is the word of the Lord.

All Thanks be to God.

Gospel Reading

Mark 6.14–29

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to *Mark*.

All Glory to you, O Lord

King Herod heard of the healings and other miracles, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.' For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him.

But an opportunity came when Herod on his birthday gave a banquet

for his courtiers and officers and for the leaders of Galilee.

When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.'

She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the Baptist.'

Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptizer on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

At the end the reader says

This is the Gospel of the Lord.

All Praise to you, O Christ.

Sermon

The Creed

The president says

Let us declare our faith in God, Father, Son and Holy Spirit.

Do you believe and trust in God the Father,
source of all being and life,
the one for whom we exist?

All We believe and trust in him.

Do you believe and trust in God the Son,
who took our human nature,
died for us and rose again?

All We believe and trust in him.

Do you believe and trust in God the Holy Spirit,
who gives life to the people of God
and makes Christ known in the world?

All We believe and trust in him.

This is the faith of the Church.

**All This is our faith.
We believe and trust in one God,
Father, Son and Holy Spirit.
Amen.**

Prayers of Intercession

These responses may be used

**All Lord, in your mercy
hear our prayer.**

And at the end

All Merciful Father,
**accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Christ is our peace. He has reconciled us to God
in one body by the cross. We meet in his name and
share his peace.

cf Ephesians 2.15,16

All The peace of the Lord be always with you
and also with you.

The Eucharistic Prayer

All The Lord be with you
and also with you.

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

Father, you made the world and love your creation.

You gave your Son Jesus Christ to be our Saviour.

His dying and rising have set us free from sin and death.

And so we gladly thank you,

with saints and angels praising you, and *saying:*

All

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit, that broken bread and wine
outpoured may be for us the body and blood of your
dear Son.

On the night before he died he had supper with his
friends and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you; this is my blood of the new
covenant, which is shed for you and for many for the
forgiveness of sins. Do this, as often as you drink it, in
remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

All Christ has died:
Christ is risen:
Christ will come again.

Lord of all life, help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

All Amen.

The Lord's Prayer

As our Saviour taught us, so we pray:

All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom, the power and the
glory,
for ever and ever. Amen.

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

Giving of Communion

The president says the invitation to communion.

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you.

Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

We receive in silence. The president and people receive communion in one kind only. Please come forward as directed by the stewards.

If you are joining this service online, please use these prayers as a form of spiritual communion. Give thanks for the saving death and resurrection of Jesus and ask him to be with you now.

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.

after the Prayer of St Richard of Chichester

Lord Jesus Christ, you said to your disciples, ‘I am with you always’. Be with me today, as I offer myself to you. Hear my prayers for others and for myself, and keep me in your care. Amen.

Silence is kept

Post Communion Prayer

The president says the invitation to communion.

God of our pilgrimage,
you have led us to the living water:
refresh and sustain us
as we go forward on our journey,
in the name of Jesus Christ our Lord.

All Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.

The Dismissal

Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

A minister says

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**

The ministers and people depart.



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