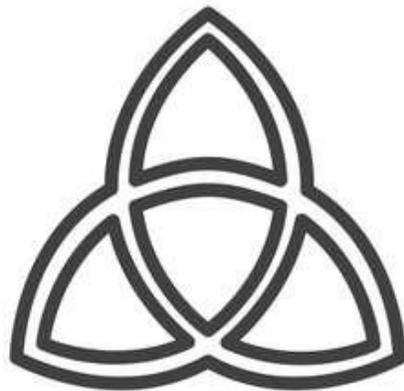




**The Parish of Newport & Carisbrooke
with Gatcombe**



**Holy Communion
For the Trinity Season
(Ordinary Time)**

GATHERING

Welcome in the name of Christ.

God's grace, mercy and peace be with you

And also with you.

Words of welcome and introduction

A suitable hymn may be sung

PRAYER OF PREPARATION

The sun of righteousness has dawned
with healing in his wings.

Let us come to the light of Christ,
confessing our sins in penitence and faith.

CONFESSION

Most merciful God,

Father of our Lord Jesus Christ,

we confess that we have sinned

in thought, word and deed.

We have not loved you with our whole heart.

We have not loved our neighbours as ourselves.

In your mercy forgive what we have been,

help us to amend what we are,

and direct what we shall be;

that we may do justly, love mercy,

and walk humbly with you, our God.

Amen.

The president says

Almighty God, who forgives all who truly repent, have mercy upon *you*, pardon and deliver *you* from all *your* sins, confirm and strengthen *you* in all goodness, and keep *you* in life eternal; through Jesus Christ our Lord.

Amen.

GLORIA IN EXCELSIS

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

THE COLLECT *(the special prayer for today and the week ahead)*

God our Saviour,
look on this wounded world
in pity and in power;
hold us fast to your promises of peace
won for us by your Son,
our Saviour Jesus Christ.

READINGS

2 Corinthians 6.1–13

A reading from the second letter of Paul to the Corinthians

As we work together with Christ, we urge you also not to accept the grace of God in vain.

For he says,

‘At an acceptable time I have listened to you, and on a day of salvation I have helped you.’

See, now is the acceptable time; see, now is the day of salvation!

We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God;

with the weapons of righteousness for the right hand and for the left;

in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see – we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

We have spoken frankly to you Corinthians; our heart is wide open to you.

There is no restriction in our affections, but only in yours. In return – I speak as to children – open wide your hearts also.

At the end of the reading, the reader may say

This is the word of the Lord
Thanks be to God

A suitable hymn may be sung

GOSPEL READING

Mark 4.35–41

Hear the gospel of our Lord Jesus Christ according to Mark.

All **Glory to you, O Lord.**

When evening had come, Jesus said to his disciples,

‘Let us go across to the other side.’

And leaving the crowd behind, they took him with them in the boat, just as he was.

Other boats were with him.

A great gale arose, and the waves beat into the boat, so that the boat was already being swamped.

But he was in the stern, asleep on the cushion; and they woke him up and said to him,
'Teacher, do you not care that we are perishing?'
He woke up and rebuked the wind, and said to the sea,
'Peace! Be still!'
Then the wind ceased, and there was a dead calm.
He said to them, 'Why are you afraid?
Have you still no faith?'
And they were filled with great awe and said to one another,
'Who then is this,
that even the wind and the sea obey him?'

At the end

This is the Gospel of the Lord.
All Praise to you, O Christ.

SERMON

A time of reflection may be had here

THE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from

Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

INTERCESSIONS

These responses may be used

Lord in your mercy,

Hear our prayer.

And at the end

Merciful Father,

Accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

THE PEACE

God has called us to live in peace.

The Peace of the Lord be always with you.
And also with you.

We offer a sign of God's peace to those near to us.

A suitable hymn may be sung

THE EUCHARISTIC PRAYER

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right, it is our duty and our joy,
at all times and in all places to give you thanks and praise,
holy Father, heavenly King, almighty and eternal God,
through Jesus Christ your Son our Lord.
For he is your living Word;
through him you have created all things from the beginning,
and formed us in your own image.

Through him you have freed us from the slavery of sin,

giving him to be born of a woman and to die upon the cross;
you raised him from the dead
and exalted him to your right hand on high.

Through him you have sent upon us
your holy and life-giving Spirit,
and made us a people for your own possession.

Therefore, with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and *saying*:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his command,
grant that by the power of your Holy Spirit
these gifts of bread and wine
may be to us his body and his blood;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Therefore, heavenly Father,
we remember his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection and glorious ascension;
we look for the coming of your kingdom,
and with this bread and this cup
we make the memorial of Christ your Son our Lord.

Jesus Christ is Lord:

**Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

Accept through him, our great high priest,
this our sacrifice of thanks and praise,
and as we eat and drink these holy gifts
in the presence of your divine majesty,
renew us by your Spirit,
inspire us with your love
and unite us in the body of your Son,
Jesus Christ our Lord.

Through him, and with him, and in him,
in the unity of the Holy Spirit,
with all who stand before you in earth and heaven,
we worship you, Father almighty,
in songs of everlasting praise:

**Blessing and honour and glory and power
be yours for ever and ever. Amen.**

THE LORD'S PRAYER

Being made one by the power of the Spirit,
let us pray with confidence as our Saviour has taught us;

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

BREAKING OF THE BREAD

We break this bread
to share in the body of Christ.
Though we are many, we are one body,

because we all share in one bread.

GIVING OF COMMUNION

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

The president and people receive communion.

AFTER COMMUNION

Silence is kept.

The Post Communion is said,

O God, whose beauty is beyond our imagining and whose power we cannot comprehend: show us your glory as far as we can grasp it, and shield us from knowing more than we can bear until we can look upon you without fear; through Jesus Christ our Saviour.

followed by this prayer;

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home.

Dying and living, he declared your love, gave us grace, and opened the gate of glory.

May we who share Christ's body live his risen life;

**we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

THE DISMISSAL

O God our mystery, you bring us to life, call us to freedom,
and move between us with love. May we so participate in your
dance of trinity that our lives may resonate with you, now and
forever.

Now may the Lord of peace himself
give you peace at all times and in every way.
The Lord be with you all; and the blessing of God Almighty, the
Father, the Son and the Holy Spirit be with you and those who you
love, both in this age and for all eternity.
Amen.

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

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