



**The Parish of  
Newport & Carisbrooke  
with Gatcombe**



**Holy Communion**

## **The Gathering**

*The president may say*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**All** **Amen.**

## **The Greeting**

*The president greets the people*

The Lord be with you  
**and also with you.**

**All**

*Words of welcome or introduction may be said.*

## **Prayer of Preparation**

**All** **Almighty God,**  
**to whom all hearts are open,**  
**all desires known,**  
**and from whom no secrets are hidden:**  
**cleanse the thoughts of our hearts**  
**by the inspiration of your Holy Spirit,**  
**that we may perfectly love you,**  
**and worthily magnify your holy name;**  
**through Christ our Lord.**  
**Amen.**

## **Prayers of Penitence**

God so loved the world that he gave his only Son Jesus Christ

to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

**All**

**Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault.**

**We are truly sorry and repent of all our sins.**

**For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life**

**to the glory of your name.**

**Amen.**

*The president says*

Almighty God, who forgives all who truly repent, have mercy upon *you*,

pardon and deliver *you* from all *your* sins, confirm and strengthen *you* in all goodness,

and keep *you* in life eternal; through Jesus Christ our Lord.

**All**

**Amen.**

## **Gloria in Excelsis**

**All**

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

## **The Collect**

*The president introduces a period of silent prayer with the words  
'Let us pray' or a more specific bidding*

Almighty God,  
send down upon your Church  
the riches of your Spirit,  
and kindle in all who minister the gospel  
your countless gifts of grace;  
through Jesus Christ our Lord.

## First Reading

### 2 Corinthians 12.2–10

A reading from the second letter of Paul to the Corinthians.

I know a person in Christ who fourteen years ago was caught up to the third heaven – whether in the body or out of the body I do not know; God knows. And I know that such a person – whether in the body or out of the body I do not know; God knows – was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth.

But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me,

‘My grace is sufficient for you, for power is made perfect in weakness.’

So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

*At the end the reader may say*

This is the word of the Lord.

**All Thanks be to God.**

**Gospel Reading**

**Mark 6.1–13**

***When the Gospel is announced the reader says***

Hear the gospel of our Lord Jesus Christ according to *Mark*.

**All Glory to you, O Lord**

Jesus came to his home town, and his disciples followed him.

On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, 'Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?'

And they took offence at him. Then Jesus said to them, 'Prophets are not without honour, except in their home town, and among their own kin, and in their own house.' And he could do no deed of power there, except that he laid his hands on a few sick people and cured them.

And he was amazed at their unbelief. Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them

authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, 'Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.' So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

*At the end the reader says*

*All* This is the Gospel of the Lord.  
**Praise to you, O Christ.**

## **Sermon**

## **The Creed**

*The president says*

Let us declare our faith in God, Father, Son and Holy Spirit.

Do you believe and trust in God the Father,  
source of all being and life,  
the one for whom we exist?

*All* **We believe and trust in him.**

Do you believe and trust in God the Son,  
who took our human nature,  
died for us and rose again?

**All** **We believe and trust in him.**

Do you believe and trust in God the Holy Spirit,  
who gives life to the people of God  
and makes Christ known in the world?

**All** **We believe and trust in him.**

This is the faith of the Church.

**All** **This is our faith.**  
**We believe and trust in one God,**  
**Father, Son and Holy Spirit.**  
**Amen.**

## **Prayers of Intercession**

*These responses may be used*

**All** Lord, in your mercy  
**hear our prayer.**

*And at the end*

**All** Merciful Father,  
**accept these prayers for the sake of your Son,**  
**our Saviour Jesus Christ. Amen.**

## **The Peace**

Christ is our peace. He has reconciled us to God in one body by the cross. We meet in his name and share his peace.

*cf Ephesians 2.15,16*

**All** The peace of the Lord be always with you  
**and also with you.**

## **The Eucharistic Prayer**

**All** The Lord be with you  
**and also with you.**

Lift up your hearts.

**All** **We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All** **It is right to give thanks and praise.**

Father, you made the world and love your creation.

You gave your Son Jesus Christ to be our Saviour.

His dying and rising have set us free from sin and death.

And so we gladly thank you,

with saints and angels praising you, and *saying*:

**All** **Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit, that broken bread and wine  
outpoured may be for us the body and blood of your  
dear Son.

On the night before he died he had supper with his  
friends and, taking bread, he praised you.

He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you; this is my blood of the new  
covenant, which is shed for you and for many for the  
forgiveness of sins. Do this, as often as you drink it, in  
remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

**All** **Christ has died:**  
**Christ is risen:**  
**Christ will come again.**

Lord of all life, help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.

Look with favour on your people,  
gather us in your loving arms  
and bring us with all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

**All** **Amen.**

### **The Lord's Prayer**

As our Saviour taught us, so we pray:

**All** **Our Father, who art in heaven,**  
**hallowed be thy name;**  
**thy kingdom come; thy will be done;**  
**on earth as it is in heaven.**  
**Give us this day our daily bread.**  
**And forgive us our trespasses,**  
**as we forgive those who trespass against us.**  
**And lead us not into temptation;**  
**but deliver us from evil.**  
**For thine is the kingdom, the power and the**  
**glory,**  
**for ever and ever. Amen.**

### **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread to share in the body of Christ.

**All** Though we are many, we are one body,  
because we all share in one bread.

## **Giving of Communion**

*The president says the invitation to communion.*

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you.

Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

*We receive in silence. The president and people receive communion in one kind only. Please come forward as directed by the stewards.*

*If you are joining this service online, please use these prayers as a form of spiritual communion. Give thanks for the saving death and resurrection of Jesus and ask him to be with you now.*

**Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.**

*after the Prayer of St Richard of Chichester*

**Lord Jesus Christ, you said to your disciples, 'I am with you always'. Be with me today, as I offer myself to you. Hear my prayers for others and for myself, and keep me in your care. Amen.**

*Silence is kept*

## **Post Communion Prayer**

*The president says the invitation to communion.*

O God, whose beauty is beyond our imagining  
and whose power we cannot comprehend:  
show us your glory as far as we can grasp it,  
and shield us from knowing more than we can bear  
until we can look upon you without fear;  
through Jesus Christ our Saviour.

**All**     **Almighty God,**  
**we thank you for feeding us**  
**with the body and blood of your Son Jesus Christ.**  
**Through him we offer you our souls and bodies**  
**to be a living sacrifice.**  
**Send us out**  
**in the power of your Spirit**  
**to live and work**  
**to your praise and glory.**  
**Amen.**

## **The Dismissal**

## **Blessing**

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All* **Amen.**

*A minister says*

Go in peace to love and serve the Lord.

*All* **In the name of Christ. Amen.**

*The ministers and people depart.*



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